

Assignment of Health Care to Family Caregiver

Dear Editor,

Making the decision to relinquish the caregiving role to health care providers can be a very difficult and stressful event.^[1] The health system is facing an increase in the number of elderly patients, together with many people with disabilities, rising cost of health care, and the lack of capacity in hospitals; this is worsened by different needs of patients such as dressing, drug monitoring, daily physiotherapy, speech therapy, tests, etc.^[2] Service providers must, therefore, discover new ways to reduce costs, improve quality, and increase productivity.^[3]

Functional decline typically means a greater demand on family caregivers for patient assistance, care management, and support. Thus, there are important interventions that reduce caregiver burden and enhance patient assistance, care management, and support.^[4] Providing care at different levels requires professional human resources. One of the conditions that is observed among health service providers is the assignment of many services to a family Caregiver. The presence of factors such as the lack of professional staff and high workload due to nurses' disproportion to the patient has led to routine assignment and participation of patients' family members in the care process, but it can lead to unpleasant outcomes such as poor quality of care and the nursing position, patient and family displeasure, as well as the lowered dignity of the patient.

Nurses and nursing staff should use patient' families only in education and for psychological support. Use of methods for organizing human resources in departments, such as team and group methods, as well as different nurses in the care team and the presence of adequate human in the health system can resolve this problem partly. Nursing specialization makes any of the care levels performed by a special category that is a subset of nursing. Student admission is based on the world's most acclaimed colleges and education according to their curriculum and the needs of the community. The implementation of the registry plan also allows patients to receive specialized services. This gives credit to the nursing profession. Increasing the quality of care, satisfaction, public trust and maintaining the patient's dignity are the benefits of these schemes.

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Conflicts of interest

Nothing to declare.

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